

オロロンマップ付
Ororon Map Included

天塩町
Teshio Town

テシオオイスズメ

The Best of Teshio



Great flavor from Ezo: Teshio clams!
Teshio is the Dairy Kingdom of Rumoi

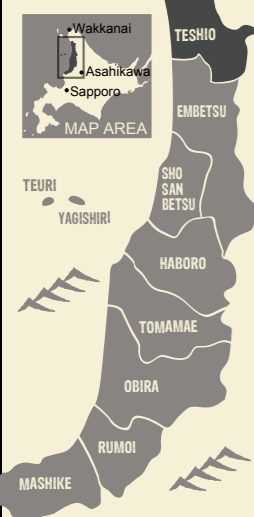
“Teshio Kamen”
Teshio mascot

Travel info. in Teshio

Teshio town office
Teshio gun Teshio cho Shinei Rd. 8 chome
TEL: 01632-2-1001
FAX: 01632-2-2659
http://www.teshiotown.hokkaido.jp

Roadside Rest Area info.
Teshio gun Teshio cho Shinkai Rd. 4 chome 7227 banchi
TEL: 01632-9-2155

Taxi Service Teshio Taxi
TEL: 01632-2-1310



distances between towns

TESHIO	19.3km	EMBETSU	22.4km	SHINAMETSU	19.9km	HABORO	7.4km	TOMAMAE	32.3km	OBIRA	13.7km	RUMOI	16.9km	MASHIKE
	about 22 minutes		about 22 minutes		about 21 minutes		about 8 minutes		about 33 minutes		about 20 minutes		about 24 minutes	

Connect the maps! Top Ororon map, Rumoi edition Bottom Ororon map, Soya edition



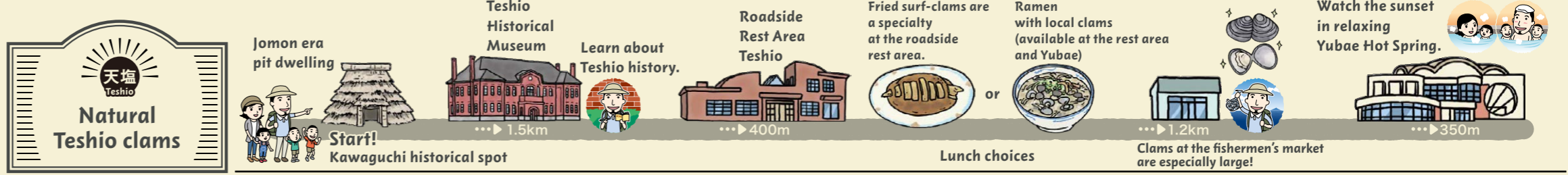
Ororon Map
Produced by: Rumoi Tourist Federation (office) Hokkaido Rumoi City Funaba Cho 2 chome JR Rumoi Station 2F (Co., Ltd.) FM Moeru TEL: 0164-42-3871 Updated in Oct. of 2021 Contact the Rumoi Tourist Federation for more info.

PR video site for Rumoi Area
hokkaido no hidarue
Northwest Coast
Walking In RUMOI Area
https://pv.rumoi.net/

Info. site for Rumoi Area
北海道の左上
hokkaido no hidarue
https://www.rumoiclub.net

Natural Teshio clams

Jomon era pit dwelling
Start! Kawaguchi historical spot
Teshio Historical Museum
Learn about Teshio history.
Roadside Rest Area Teshio
Fried surf-clams are a specialty at the roadside rest area.
Ramen with local clams (available at the rest area and Yubae)
Watch the sunset in relaxing Yubae Hot Spring.



Look at the cows there by the ocean!
Our kids can't get enough of the delicious dairy products and flavorful wild clams.

Teshio clams are one of the top 3 delicacies in the Rumoi Area. Teshio is also renowned for green pastures and delicious dairy products.



★... Closed for winter

Teshio Riverside Park



Located near the mouth of the Teshio River--this is a great place to take a break, relax and enjoy the scenery!
Addr:Teshio cho Kaigandori jisaki

Kawaguchi Remains

230 pit dwellings were found near the Teshio River. See the replica and imagine how they lived.
Addr:Teshio cho Kawaguchi Kisen
Open for free May~October during daylight hours. ★

Teshiogawa Historical Museum

Learn about bygone days in Teshio at this historical brick building.
Addr:Teshio cho Shineidori 6 chome
open free from May~mid-Oct.
TEL:01632-2-2071 ★

Roadside Rest Area Teshio

The last Rest Area until Wakkanai! Enjoy a bowl of surf-clam curry here.
Addr:Teshio cho Shineidori 4 chome 7227-2
open ●Restaurant Takeda Apr~Dec 11:00~17:00 Jan~Mar 11:00~15:00
●Teshionokuni Co.,Ltd. (Teshio Roadside Rest Area Shop) Apr~Oct 9:00~19:00 Nov~Mar 9:00~17:00

Kagaminuma Park

This family-oriented park is near the onsen. Campsites and bungalows available.
Addr:Teshio cho aza Sarakishi 7476 banchi
open free from May~mid-Oct.
TEL:01632-2-1830 ★

てしおフットパス MAPS
Teshio Footpath Map



Walking Course
Komorebi Forest Course (約 3.5 km 約 1.0h)
Kagaminuma & Teshio Harbor Course (約 6.0 km 約 1.5h)
Teshio Riverside Park Course (約 3.5 km 約 1.0h)
Kawaguchi Remains & Teshio Itsukushima Shrine Course (約 7.5 km 約 2.0h)

Best view point
Rest Area
Toilet
Parking lot
Start
Goal

このマークはルートを示すマーカーです。

天塩港 Teshio Harbor
日本海 Sea of Japan
天塩川 Teshio River
利尻富士 Mt. Rishiri

1 こもれびの森コース
多種多様な草木が点在する自然の宝庫。散策路に敷かれていたウッドチップは、足にもやさしくゆっくりと、森林浴やバードウォッチングを楽しむことができます。

2 鏡沼・天塩港コース
湖の美しさから名付けられた「鏡沼」を回り、休憩ポイントの「はまなすの丘」からは「天塩温泉夕映」や利尻富士、日本海を一望することができる絶景ポイントがあります。

3 河川公園コース
目の前をゆったりと流れる天塩川を望めるやすらぎのスポット。やわらかい芝生に咲く夕顔の利尻富士はまさに絶景のひととき。

4 川口遺跡・蔵島神社コース
草木が生い茂る散策路の中には、復元された歴史的な建物があり大昔の様子をいまもみることができる神秘的な森です。うさぎとまいたけをゆめゆめとそよそよと天塩川が流れる。その静寂を帯びていると時間を忘れてしまう癒しのスポットです。

～川口遺跡～
オホーツク文化圏を知る貴重な文化遺産であり230基の礎石式住居跡と、復元された礎石式住居がある。また数多くの土器類も発掘されており、それらは「天塩川歴史資料館」に展示されている。敷地内には新開町八十八ヶ所の19番～23番までが残っている。

～蔵島神社～
海や川に働く人々の守護神として祀られ周辺には開基百年記念碑がある。

～天塩川～
天塩川は道内2番目に長い全長256kmは、道内で2番目に長い。北海道遺産にも登録され、シジミ池の盛んなことも知られている。

Meals, Souvenirs and more

Shichifuku Sushi Local seafood TEL:01632-2-3163	Teshio Hot Spring Yubae Clam Ramen and Pasta TEL:01632-2-3111	Sakurashin Machi Multi-genre Menu! TEL:01632-2-1716
Café Age-in Large Pork Curry TEL:01632-2-2525	BBQ Tachibana BBQ and seasonal menu TEL:01632-2-1437	Izakaya Hamanasu Bar and charcoal grill TEL:01632-2-1356
Nana Club a variety of crepes and menu items TEL:090-6449-1479	Home Cooking Dan Home Cooking	Takasagoya Shibano Store Rice, Liquor etc. TEL:01632-2-1115
NENE BBQ chicken, lights meals and snow-cones	Yakinikuchanko Chikara BBQ etc. TEL:01632-2-1618	Bekochichi Factory Artisan Cheeses and Ice cream TEL:01632-4-3553
UNO Café Panna Cotta etc. TEL:01632-2-3218	Nankaen Family-friendly, Kalbi Beef dishes TEL:01632-2-2983	Teshio Food Center Groceries TEL:01632-2-1133
Restaurant Takeda (Teshio Roadside Rest Area Restaurant) Seafood dishes and gifts TEL:01632-9-2770	Bus Terminal Kanda Udon, Soba, Curry etc. TEL:090-6261-1391	Seisen Mart Kappai Fresh foods, Boxed lunches TEL:01632-2-1010
Restaurant Sadachan Cheap Large Meals TEL:01632-2-1811	Utageya Fukusuke Local-centered menu, Pudding TEL:01632-9-7812	Teshio Kimuchi Kobo Locally produced Kimuchi TEL:01632-2-3377
Drive-in Teshio Big Seafood Ramen TEL:01632-2-2042	Food and Drinks Kuwamura Nice price, Nice atmosphere TEL:01632-2-2840	Kunioku Store Groceries Liquor, Cigarettes TEL:01632-2-1075

Chuo Supermarket Teshio
Groceries
TEL:01632-9-2525

Alpha-Mart
Liquor, Specialty Foods
TEL:01632-2-1043

Teshionokuni Co.,Ltd. (Teshio Roadside Rest Area Shop)
Various takeout items
TEL:050-1016-7702

Teshio Farmer's Co-op
Local Farmer's Co-op
TEL:01632-2-1052

Toraya Confectionary
Pudding, Cheesecake etc.
TEL:01632-2-1777

Asahi Bottling
Teshio Grape Cider
TEL:01632-2-1525

Hamada Fish Tackle
TEL:01632-2-1508

Ginkei Marine Products
Teshio Harbor Fish Market
TEL:01632-2-2633

《海産物》北のりい漁業協同組合天塩支所直売所
海産物直売、漁協直販店
TEL:01632-2-1113(代表)
★Jun~Aug

Lodging

Teshio Hot spring Yubae
Bathing with a view
TEL:01632-2-3111

Sun Hotel
Free Wifi!
TEL:01632-2-1574

Hotel Ichihana
For business or travel
TEL:01632-2-1875

Takahashi Inn
For business or travel
TEL:01632-2-1137

Nishizawa Inn
Homegrown meals
TEL:01632-2-1247

Hinomaru Inn
Season-minded meals
TEL:01632-2-1528

Guest-house Sato
Affordable Tasty Meals
TEL:01632-2-1271

Day-trip Hot spring

Teshio Hot spring Yubae
Relax and enjoy the view.
Thermal spring for healthy skin.
Addr:Teshio cho aza Sarakishi 5807 banchi 5
Adults 600 yen, Children 200 yen, Small children free.
Hours:Weekdays 11:00~22:00
Weekends 10:00~22:00
TEL:01632-2-3111



Camping

Kagaminuma Seaside Park camping ground
A family-oriented park surrounding Kagaminuma marsh. Equipped with campground and bungalows. Rental camping gear is also available by reservation only.
Addr:Teshio cho aza Sarakishi 7476 banchi
Open from May to mid-Oct
★Administrative building
TEL: 01632-2-1830



Recreation

Teshio Park golf course
An accredited course, located in the Teshio Athletic Park.
Addr:Teshio cho aza Kawaguchi★

Events

Kagaminuma Clam Festival (early July)
Grab some clams
A festival of local specialty: Teshio clams.

Teshio Itsukushima Shrine Festival (main festival July 17th)

Teshio Mikaku Festival (mid-September)
Teshio salmon is sold at this event. Can you grab a salmon?

Rich milk drink "Torokette Uno"

天塩町 Teshio Town

Route 40 Night Spots

- 1 Tatsumi
- 2 Royal Snack Miyabi
- 3 Snack Elm
- 4 Snack Mon
- 5 Snack Miyagi
- 6 Mikansei
- 7 Izakaya Hamanasu
- 8 Snack Ai
- 9 Utageya Fukusuke

Dairy farming prospers in Teshio

"Teshio Kamen" is the mascot of Teshio

Peony Garden
Best viewed from mid to late June.

Baseball field
Softball field
Teshio Athletic Park

Teshiogawa Historical Museum
This 1951 historical brick building once housed the town hall. You can learn about the history of Teshio which dates from the Edo era. The 3 million year-old fossilized gray whale on display is the oldest specimen in the world.

about 4km
famous for freshwater clams

Bekomochi Factory
There are many kinds of string cheese.

about 7km
about 10km

Teshionokuni Co.,Ltd. (Teshio Roadside Rest Area Shop)
Various takeout items

Kagayaki Care
Nursing home

Uno Pasture and Café
Look for the white dome!

former Sarakishi elementary school sign

Route 232 country sign

Route 232

Route 232

Route 232

Gifts and Souvenirs

- Teshio clam ramen
- Chu Chu Pudding
- Takenouchi farm tomato juice
- Muscat cider (Asahi Bottling)

Teshio Housing

Chuo Supermarket

Homac Nikotto

Teshio Government

Teshio Town Hall

Courthouse

N. Rumoi Forestry

Hokkaido Bank

Daimaru Photography

Guest house Sato

Millennium Park

ENEOS gas stand

Food & Drinks Kuwamura

White Kyubin (cleaners)

Teramoto Dentistry

Teshio High School

bus stop

Rumoi Newspaper Co.

Teshio Motors

Idemitsu gas stand

Hokkaido Electric maple

ENEOS gas stand

Hokkaido Newspaper

Hinomaru Inn

Shibano Store

Takahashi Inn

Teshio Food Center

Asahi Beverages

NENE (light meals)

Clean Center

Iwasaki Automotive

Tenrikyo Church

Elderly Welfare

Yamateura Road

bus terminal Kanda (store)

Izakaya Sakura shinmachi

Hamada Meats fish tackle

BBQ Chikara

Sushi Shichifuku

Teshio taxi

Nishizawa Morikawa Inn

Fuel

Alpha Mart

Kawaguchi Scenic Forest Remains

Ginei Marine Products

Nana Club (light meals)

Kunioku Shop

Teshio Riverside Park Rest house

Shimoda Motors

Teshio post office

BBQ Tachibana Confections

Toraya

Teshio no Koku Market

Black pudding

Te to Te Community space

Teshio Kyodo Print-shop

Welfare Center

Fire station

freshwater clam harvest

Foot path!!

Engraved poetry by Gyokusen

Monument to Clams

Such fun!

Heart pavement

Memory Bench

the lawn is nice here

You can see Mt. Rishiri on clear days.

Fishing in Teshio isn't limited to clams. Many salmon are netted here!

Cycle rack, Bicycle repair tools

statue of Matsuura Takeshiro founder of the name "Hokkaido"

Kagaminuma Park

Kagaminuma Marsh

Auto camping ground

Wow, The sunset is beautiful.

freshwater clam ramen

Delicious!!

Home-flavored Napa-cabbage kimchi

BBQ Nankaen

Teshio Kimchi Shop

Teshio Hot Spring Yubae

BBQ house

Kagaminuma Seaside Park camping ground

Bungalow

N. Rumoi Fishermen's Coop

Tenpu-chan

Windmills are about 7km to the south.

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TEL: 0164-42-3871 2021 (11th edition)

Download at "Hokkaido-no-Hidariue"
<https://www.rumoiclub.net>

Teshio is here

1 2 3 4 5 6 7 8

Connect the maps!!